



**How to be Confident and Cultivate a Rich & Rewarding Life  
Video Workshop #2**

**Facilitated by: DR. TRENACE RICHARDSON**

**KEYS TO FINDING AND USING YOUR VOICE TO COMMUNICATE FREELY!**



**KEY #1: It is my OBLIGATION to Speak Up!**

**Key #2: It is my RIGHT to Speak Up!**

**Key #3: It is my ACT OF SERVICE to Speak Up!**

**REAL Women is designed to create safe spaces for women to do personal development work on themselves.** The REAL Women ALL Access Membership Growth Path was designed by Dr. Trenace Richardson in an effort to help women CONNECT with others in a more meaningful way, become more CONFIDENT in who they are and what they are created to do, and to become a CATALYST of positive change in the lives of others. Before we can study the entire growth path, it is important to better understand the premise upon which this growth path is based.