



DESCRIBE YOUR MOST AUTHENTIC SELF
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The LEADING WITH SOUL FRAMEWORK was designed by Dr. Trenace Richardson in an effort to crystalize what makes for a confident leader who truly connects with those he or she influences. This questionnaire prompts you to ask yourself some important questions about your most authentic self. Don't answer this based on what your life looks like now but if YOU created your own ideal self that was authentically you, how would she answer these questions?

HOW DO YOU LOOK?

HOW DO YOU DRESS?

HOW DO YOU FEEL?

WHERE DO YOU LIVE?

WHAT DO YOU DO FOR A LIVING?

WHAT DO YOU DO FOR FUN?

WHAT DO YOU DO TO STAY HEALTHY?

WHAT IS YOUR BIGGEST PET PEEVE?

WHAT CHARACTERISTICS IN PEOPLE DO YOU REALLY APPRECIATE?



PART II - From the list of personal values below, prioritize 10 of them and rank them 1 (being the most important to you) to 10 (the least important to you). If you have others you would prefer to list and rate, simply add them to this list. But you should only rate 10 of them total.

- Trust
- Honesty
- Authenticity
- Vulnerability
- Empathy
- Accountability
- Humility
- Humor
- Respect
- Loyalty
- Creativity
- Courage
- Open-Mindedness
- Innovative
- Perseverance
- Intellect
- Adventurous
- Optimism
- Consistency
- Dependability
- Others???